

SIS50321
DIPLOMA OF SPORT (COACHING)

DIP

Elite Sports And Fitness Course

TAKE YOUR FITNESS CAREER TO THE NEXT LEVEL WITH THE
SIS50321 DIPLOMA OF SPORT (COACHING)

THE EXTRA SKILLS AND KNOWLEDGE YOU GAIN FROM THIS
PROGRAM WILL PROVIDE YOU WITH AN ALTERNATE PATHWAY
INTO HIGHER EDUCATION WHILST BROADENING YOUR SKILLS IN
THE AREAS OF SPORT MANAGEMENT, COACHING, ATHLETE
DEVELOPMENT AND HIGH PERFORMANCE TRAINING

Once you have completed the SIS50321 Diploma of Sport (Coaching) you could find yourself with the opportunity to work alongside some of Australia's highest performing athletes. This qualification could help you gain employment as a Sport Development Officer for a national sporting body, a Competition Manager or Strength and Conditioning Coach.

Key Areas of Study

- > Olympic lifting
- > Plyometrics
- > High performance gym training sessions
- > Pilates
- > Physiological Testing
- > Injury Prevention

You will learn skills to manage athletes and to optimise physical performance including:

- > Drugs in sport
- > Leadership
- > Working with health professionals
- > Nutrition
- > Psychology

Career Outcomes

Work as a:

- > High Performance Coach
- > Athlete Development
- > Strength and Conditioning Coach
- > Sporting and/or Facility Manager
- > Advanced Personal Trainer
- > Sport Development Manager
- > Talent Manager

Aboriginal and Torres Strait Islander students as well as students from culturally and linguistically diverse backgrounds are encouraged to apply.



FIND OUT MORE
Call us today on 1300 304 329
vfalearning.vic.edu.au

LIVE YOUR
PASSION

Course Overview

SIS50321 DIPLOMA OF SPORT (COACHING)

Expected Duration: 12 Months - Full Time

Each week of training, students will complete:

- **1 day of classroom-based training and assessment**
- **1 day of self-directed learning and assessment**

Self-directed learning will vary from individual to individual, depending upon rate of learning. Full time: 6-12 hours p/wk.

Intake: January 2024

Delivery Methods: Face-to-Face / Classroom-Based with Large Practical Element / Simulated Workplace Experience / Self-Directed Learning

Assessment Methods: Written Questions / Observations / Case Studies / Assignment

Delivery Mode: On Campus

Entry Requirements: Successful completion of VFA Learning Pre-Training Review and approved Language, Literacy and Numeracy Test (LLN)

To view student entry procedure of this course, go to www.vfalearning.vic.edu.au

Payment Options: Payment Plan available through Debit Success

Units of Competency

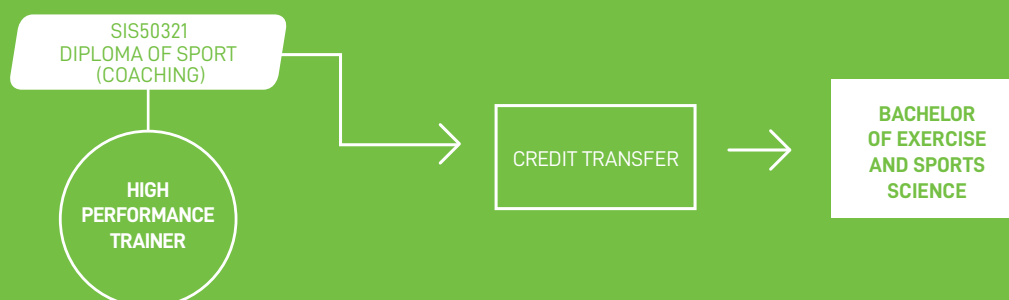
You must be deemed competent in all units in order to be awarded the qualification in SIS50321 Diploma of Sport (Coaching).

HLTWHS003	Maintain work health and safety
BSBOPS504	Manage business risk
SISXCAI005	Conduct individualised long-term training programs
SISXCAI008	Plan, conduct and review training and recovery programs
SISXCAI010	Develop strength and conditioning programs
SISXCAI009	Instruct strength and conditioning techniques
SISSSCO003	Meet participant coaching needs
SISSSCO004	Plan, conduct and review coaching programs
SISSSCO007	Apply sport psychology principles
SISSSCO008	Apply anti-doping policies
SISSSCO011	Manage integrity in sport
SITXHRM003	Lead and manage people
SISXICT001	Select and use technology for sport, fitness and recreation work
HLTAID011*	Provide first aid

*Please note this unit forms part of the Foundations of Fitness course delivered by VFA Learning.

Credit Transfers will not incur fees.

GOVERNMENT
FUNDING
AVAILABLE



This training will be delivered by Victorian Fitness Academy T/A VFA Learning RTO 22360 CRICOS 03612C. This training may be delivered with Victorian and Commonwealth Government Funding to eligible individuals. People with disabilities are encouraged to apply. Access to VET Student Loans will not be approved for students who do not meet eligibility requirements and a VET Student Loan gives rise to a VETSL debt that continues to be a debt due to the Commonwealth. Maximum Tuition Fee for this course for Non-Subsidised Students is \$13,000. Maximum amount covered under the VET Student Loan program for this course is \$16,788. Course Fee information can be found at vfalearning.vic.edu.au.