

HLT52015 DIPLOMA OF
REMEDIAL MASSAGE

DIP

Get hands-on
with your career



THE HLT52015 DIPLOMA OF REMEDIAL MASSAGE WILL PREPARE YOU TO ENTER THE ALLIED HEALTH INDUSTRY WITH THE KNOWLEDGE AND SKILLS TO EFFECTIVELY MANAGE THE WELFARE OF YOUR CLIENTS.

You will achieve a high level of understanding of anatomy and physiology, equipping you to physically assess and treat clients. In addition, you will learn how to grow your relationship-building skills for successful interaction with clients and with other health care practitioners.

Upon graduating, you will use your skills and knowledge to offer advanced manual treatment for those suffering from sports or work-related injuries.

The course is offered in small learning workshops, giving students the opportunity to interact with clients, assessing their needs and interpreting the results to decide on the best course of treatment to restore healthy joints and muscle function.

Who would be suited to this course?

Individuals interested in the health industry working as Remedial Massage Therapists. Many students may see this as a pathway to Myotherapy or higher education for the rapidly growing Health Services industry.

Career Outcomes

With the HLT52015 Diploma of Remedial Massage, you can work in:

- > **Elite Sporting Clubs**
- > **Multidisciplinary Health Practice**
- > **Health Retreats/Resorts and Cruise Ship Employment**
- > **Small Business (Massage Clinic Owner)**

Key Areas of Study

The HLT52015 Diploma of Remedial Massage explores a range of new and exciting techniques including myofascial release, joint mobilisations, muscle energy techniques and positional release.

- > **Remedial Massage**
Goal-oriented form of massage used as a treatment in its own right, or used in conjunction with other fields like physiotherapy and chiropractics to assist in the healing process.
- > **Sports Massage**
Branch of sports medicine concerned with the preparation, recovery and maintenance of optimal athletic performance.
- > **Business Management**
Understanding best business practices, management and ethical behaviour in the workplace.

Clinical Experience

Students undertake clinical hours at VFA Learning Clinic. These hours are completed under the direct supervision of our qualified practitioners providing students with the opportunity to develop clinical skills in patient assessment and management. Students will be required to complete 200 Practical hours:

- > **150 supervised**
- > **50 non-supervised**

VFA will assist with organising the supervised clinic hours.



FIND OUT MORE
Call us today on 1300 304 329
vfalearning.vic.edu.au

**START YOUR
CARING CAREER**

Course Overview

HLT52015 DIPLOMA OF REMEDIAL MASSAGE

Expected Duration: 12 Months - Full Time

Each week of training, students will complete:

- 2 days of Classroom-based training and assessment
- 1 day of self-directed learning and assessment

Students can also expect self-directed studies and practical practice on the remaining days of the week to reinforce skills.

Intake: January 2024

Delivery Methods: Face-to-Face / Classroom-based with large practical element / Practical Workplace Experience / Self-Directed Learning

Assessment Methods: Written Questions / Quizzes / Assessor Observations / Case Studies / Assignment Project / Report / Treatment Logbook Work Sample / Scenarios / Role Plays / Oral Questioning / Interviews

Delivery Mode: On Campus

Entry Requirements: Successful completion of VFA Learning Pre Training Review and approved Language, Literacy and Numeracy Test (LLN)

To view student entry procedure of this course go to www.vfalearning.vic.edu.au

Payment Options: Payment Plan available through Debit Success

ON COMPLETION OF THE DIPLOMA OF REMEDIAL MASSAGE YOU ARE ELIGIBLE TO APPLY FOR MEMBERSHIPS WITH SEVERAL MASSAGE AND MYOTHERAPY ASSOCIATIONS

GOVERNMENT
FUNDING
AVAILABLE



ASSOCIATION
RECOGNITION



Aboriginal and Torres Strait Islander students as well as students from culturally and linguistically diverse backgrounds are encouraged to apply.

Units of Competency

You must be deemed competent in all units in order to be awarded the qualification of HLT52015 Diploma of Remedial Massage.

CHCCOM006	Establish and manage client relationships
CHCDIV001	Work with diverse people
HLTMSG001	Develop massage practice
CHCPRP003	Reflect on and improve own professional practice
CHCLEG003	Manage legal and ethical compliance
BSBSMB404	Undertake small business planning
SISFFIT040	Develop and instruct gym-based exercise programs for individual clients
SISFFIT047	Use anatomy and physiology knowledge to support safe and effective exercise respectively
SISFFIT031	Implement injury prevention strategies
HLTINF004	Manage the prevention and control of infection
HLTWHS004	Manage work health and safety
HLTAAP003	Analyse and respond to client health information
HLTMSG003	Perform remedial massage musculoskeletal assessments
CHCPRP005	Engage with health professionals and the health system
HLTMSG002	Assess client massage needs
HLTMSG005	Provide remedial massage treatments
HLTMSG006	Adapt remedial massage practice to meet specific needs
HLTMSG007	Adapt remedial massage practice for athletes
HLTMSG004	Provide massage treatments
HLTMSG008	Monitor and evaluate remedial massage treatments
HLTAID011	Provide first aid

